

WAC 246-815-160 Standards of dental hygiene practice. A dental hygienist working under the appropriate supervision of a licensed dentist shall perform the following tasks:

(1) Assessment, which must include:

- (a) Documentation of patient history.
- (i) Recording current and past dental oral health care; and
- (ii) Collection of health history data including the patient's:
 - (A) Current and past health status;
 - (B) Pharmacologic considerations;
 - (C) Additional considerations;
 - (D) Record vital signs and compare with previous readings; and
 - (E) Consultation with appropriate health care provider(s) as indicated.

(b) A comprehensive clinical evaluation:

- (i) An inspection of the head and neck and oral cavity including an oral cancer screening, evaluation of trauma and a temporomandibular joint (TMJ) assessment;

- (ii) Evaluation for further diagnostics including radiographs;
- (iii) Comprehensive periodontal evaluation that includes the documentation of:

- (A) Full mouth periodontal charting:
 - (I) Probing depths;
 - (II) Bleeding points;
 - (III) Suppuration;
 - (IV) Mucogingival relationship and defects;
 - (V) Recession;
 - (VI) Attachment level or loss.
- (B) Presence, degree and distribution of plaque and calculus;
- (C) Gingival health and disease;
- (D) Bone height and bone loss;
- (E) Mobility and fremitus;
- (F) Presence, location and extent of furcation involvement; and
- (G) A comprehensive hard tissue evaluation that includes the charting conditions and oral habits to include:

- (I) Demineralization;
- (II) Caries;
- (III) Defects;
- (IV) Sealants;
- (V) Existing restorations and potential needs;
- (VI) Anomalies;
- (VII) Occlusion;
- (VIII) Fixed and removable prostheses; and
- (IX) Missing teeth.

- (c) Risk assessments.

(2) A dental hygiene analysis of assessment findings. The dental hygienist shall:

- (a) Analyze and interpret all assessment data to evaluate clinical findings and formulate the dental hygiene care plan;

- (b) Determine patient needs that can be improved through the delivery of dental hygiene care; and

- (c) Incorporate the dental hygiene care plan into the overall dental treatment plan.

(3) Dental hygiene care planning. The dental hygienist shall:

- (a) Identify, prioritize and sequence dental hygiene intervention;

- (b) Coordinate resources to facilitate comprehensive quality care;

- (c) Collaborate with the dentist and other health and dental care providers and community-based oral health programs;
 - (d) Present and document dental hygiene care plan to patient;
 - (e) Explain treatment rationale, risks, benefits, anticipated outcomes, treatment alternatives, and prognosis; and
 - (f) Obtain and document informed consent or informed refusal.
- (4) Care plan implementation. The dental hygienist shall:
- (a) Review and implement the dental hygiene care plan with the patient or caregiver;
 - (b) Modify the plan as necessary and obtain consent;
 - (c) Communicate with patient or caregiver appropriate for age, language, culture and learning style; and
 - (d) Confirm the plan for continuing care.
- (5) Dental hygiene evaluation. The dental hygienist shall:
- (a) Use measurable assessment criteria to evaluate the outcomes of dental hygiene care;
 - (b) Communicate to the patient, dentists and other health/dental care providers the outcomes of dental hygiene care; and
 - (c) Collaborate to determine the need for additional diagnostics, treatment, referral education and continuing care based on treatment outcomes and self-care behaviors.

[Statutory Authority: RCW 18.29.210, 43.70.280, and chapter 18.29 RCW. WSR 18-21-141, § 246-815-160, filed 10/19/18, effective 11/19/18. Statutory Authority: RCW 18.29.130, 18.29.076 and 18.130.050. WSR 92-02-018 (Order 224), § 246-815-160, filed 12/23/91, effective 1/23/92. Statutory Authority: RCW 43.70.040. WSR 91-02-049 (Order 121), recodified as § 246-815-160, filed 12/27/90, effective 1/31/91. Statutory Authority: RCW 18.29.076 and 18.130.050(12). WSR 89-16-096 (Order PM 858), § 308-25-170, filed 8/2/89, effective 9/2/89.]